

Ashland, Wisconsin

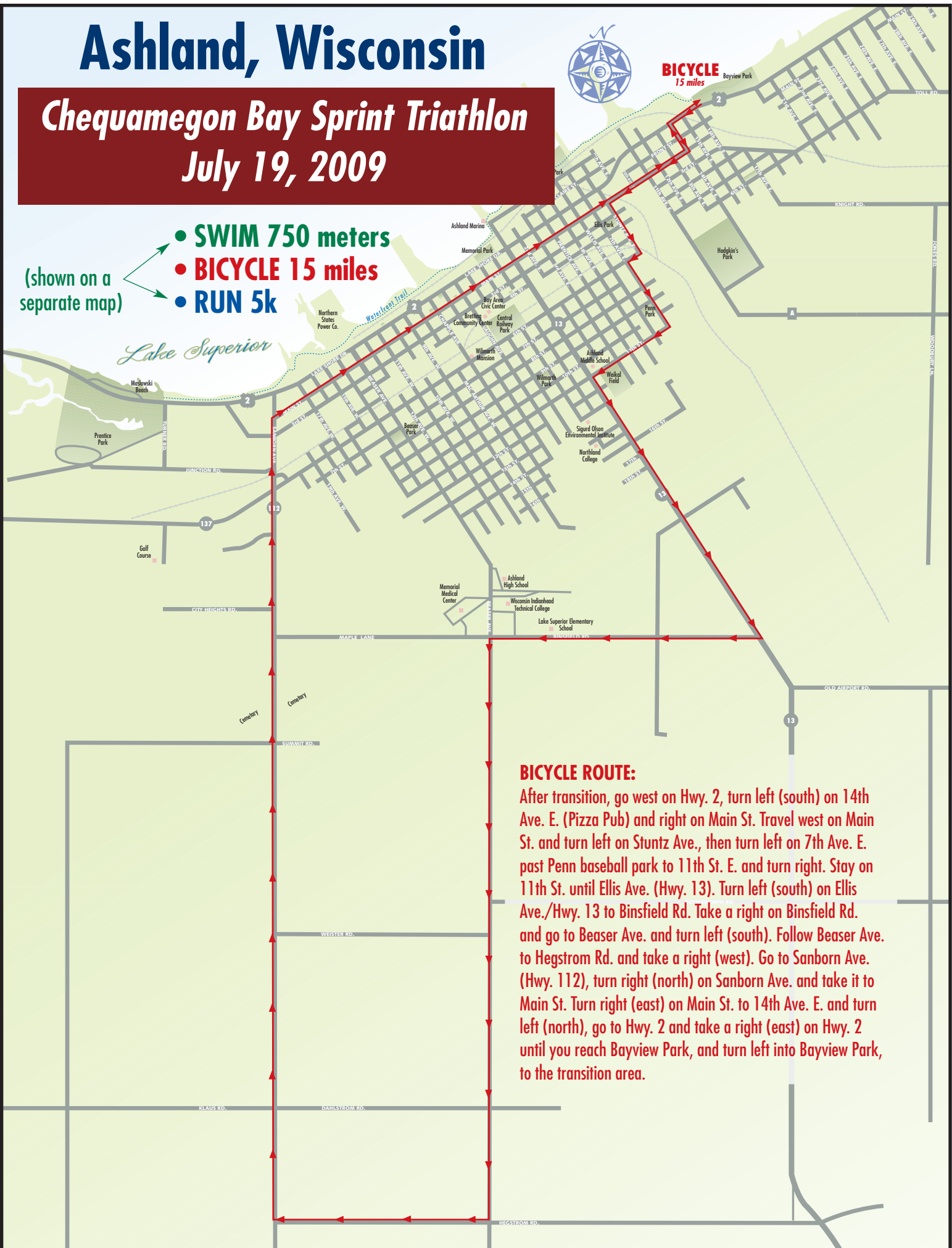
Chequamegon Bay Sprint Triathlon July 19, 2009



BICYCLE
15 miles

- (shown on a separate map)
- **SWIM 750 meters**
 - **BICYCLE 15 miles**
 - **RUN 5k**

Lake Superior



BICYCLE ROUTE:

After transition, go west on Hwy. 2, turn left (south) on 14th Ave. E. (Pizza Pub) and right on Main St. Travel west on Main St. and turn left on Stuntz Ave., then turn left on 7th Ave. E. past Penn baseball park to 11th St. E. and turn right. Stay on 11th St. until Ellis Ave. (Hwy. 13). Turn left (south) on Ellis Ave./Hwy. 13 to Binsfield Rd. Take a right on Binsfield Rd. and go to Beaser Ave. and turn left (south). Follow Beaser Ave. to Hegstrom Rd. and take a right (west). Go to Sanborn Ave. (Hwy. 112), turn right (north) on Sanborn Ave. and take it to Main St. Turn right (east) on Main St. to 14th Ave. E. and turn left (north), go to Hwy. 2 and take a right (east) on Hwy. 2 until you reach Bayview Park, and turn left into Bayview Park, to the transition area.